

Toilet Training

Parent Workshop

25th May 10am - 12pm

Delivery: Online via Microsoft Teams

We are hosting a Toilet Training workshop for parents and carers of families at Arbour Vale School. This will be delivered by Bladder and Bowel Specialist Nursery Nurses from The Continence Advisory Service. This will be delivered via Microsoft Teams.

WHAT WILL BE COVERED?

- Reasons for toilet training
- Why toilet training has changed
- Preparation for toilet training
- Getting Ready - How do I know my child is ready?
- Getting started - Potty or toilet?
- Difficulties that may arise
- Bladder and bowel anatomy - Healthy bladder and bowels
- Fluid advice - How much should my child drink?
- Rewards and motivators
- Nocturnal Enuresis - Night time wetting
- Education and childcare settings



HOW TO ATTEND

You will receive the [Microsoft Teams Invite](#) via email one week before the session. If you would like to attend the training simply **JOIN USING THE LINK** you receive in your inbox.

This is the only way to join the session - You do not need to confirm your attendance with the school.

FEEDBACK

We really hope that you enjoy this session and find it informative. It would be wonderful if you could take away something, however small, from the learning and put it into practise. We would also really appreciate some feedback as this helps us to make the training relevant and meaningful going forward. Please feel free to email Lyuba after the session and let her know how it went or to give suggestions.

We want to hear from you!

If you have any questions, please don't hesitate to contact Lyuba:

Lyuba.kisel@arbourvaleschool.org