

Learning together

17 September 2021

Dear Parents/Carers

We are delighted to announce that we will be restarting our monthly Parent Support group for parents of children and young people with Autism. This group is open to those with a diagnosis or who are awaiting an assessment with CAMHS. Please do share this information with anyone else you know who might be interested - the group is not just for Arbour Vale School parents.

The aim of the Parent Support group has been set up in response to your feedback with the aim of giving parents the chance to discuss issues they may be experiencing, in a friendly, supportive and non-judgemental environment.

The sessions will be run by The Autism Group, (<https://www.theautismgroup.org.uk/>) a charity with a wealth of experience who are here to help. The lead facilitating practitioners are highly experienced and are also parents of young people with autism. The sessions will run from 10.00am-11.30am on the following dates:

Tuesday 28th September 2021
Tuesday 2nd November 2021
Tuesday 30th November 2021
Tuesday 25th January 2022
Tuesday 1st March 2022
Tuesday 29th March 2022
Tuesday 26th April 2022
Tuesday 24th May 2022
Tuesday 28th June 2022
Tuesday 19th July 2022

The aim of the Parent Support group is to share your experiences, talk about strategies, have a chat with other parents, or perhaps just sit and listen if this feels more comfortable to you. We want you to know that you are not alone and that there are other parents experiencing similar issues.

Important Information: Please be aware that this is the first face to face parent workshop we are offering at Arbour Vale School this academic year. In order to ensure a safe and successful event, we are obliged to limit numbers due to Covid-19. Attendance is therefore capped at a maximum of 10 parents per session.

We are therefore offering the sessions on a first come first serve basis. The first 10 parents to email me Lyuba.kisel@arbourvaleschool.org will have a priority. We are hosting this on a monthly basis so please do not worry if you cannot get a place on the first session.

Please book as soon as possible to ensure your place.

We look forward to hearing from you.

Yours sincerely



Lyuba Kisel
ASD Lead Practitioner