

Toilet Training

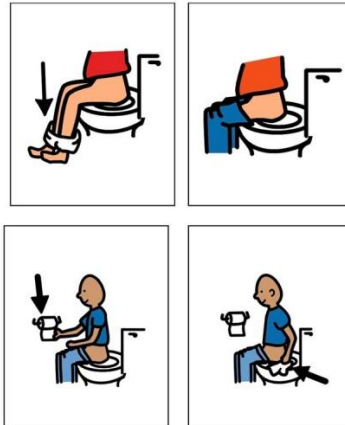
Parent Workshop

Friday 24th March 9:30 -11am

We are hosting a Toilet Training session for parents and carers of families at Arbour Vale School. This workshop will be delivered by Bladder and Bowel Specialist Nursery Nurses from the Continence Advisory Service.

WHAT WILL BE COVERED?

- Toilet training approaches
- Preparation for toilet training
- How do I know my child is ready?
- Getting started - Potty or toilet?
- Difficulties that may arise
- Bladder and bowel anatomy
- Fluid intake advice
- Rewards and motivators
- Nocturnal Enuresis - Night time wetting
- Education and childcare settings



HOW TO ATTEND

Please email Manjula Odedra to reserve your place

Manjula.Odedra@arbourvaleschool.org