

Online Safety update March 2023



Misogyny

Misogyny is a form of online hate against women and girls. At present times some influencers are promoting the narrative surrounding women being treated less than men.

More information around supporting tackling misogyny can be found here—[tackle misogyny](#)



Tik Tok—reality shifting

Reality shifting, according to those who do it, is a way to move your consciousness from your current reality (CR) to your desired reality (DR). Tik Tok is currently showing lots of content relating to this 'trend'. Please be aware that parts of this trend can contain negative connotations and young people should be monitored on the content they are watching while at home

Find out more about reality shifting, the impacts and resources to help here—[reality shifting](#)



Nude image of you online?
We can help take it down.

Report and remove

Childline have developed a new initiative to support young people online to report content that makes them uncomfortable or may even include themselves. ‘

Report remove’ is safe, easy and free and is supported across different social media platforms.

Click here for more information—[REPORT REMOVE](#)