

**Arbour Vale School**  
**Post 16 Department Guide**



*Welcome to the Post 16 Department. This booklet is intended as a general guide to the Post 16 provision at Arbour Vale School.*

***Our vision***

**To provide the young person with the skills and experience needed to transition into adult life**

**Aims**

The aims of the department are as follows

- To promote independence
- To promote self-confidence and self-esteem
- To gain experience of the wider world in preparation for moving on
- To develop life and vocational skills appropriate to the individual
- To gain accreditation in relevant courses at an appropriate level

**How are class groups organised?**

- Each class group has a teacher, who is responsible for the pastoral welfare and academic progress of the students accompanied by at least two STAs.
- The classes are arranged so that each class works on courses and accreditation appropriate for that group
- The class teacher is the initial point of contact if you have any questions or want to pass on any information.

**What will students study in Post 16?**

The curriculum covers these key areas

- Core skills (Literacy and Numeracy)
- Life skills
- Vocational Lessons
- Art/Creativity
- Careers education
- Work Experience
- ICT

### What accreditation do students work towards?

Students follow one of three accreditation pathways, depending on their personal level of ability. All accreditation is based on coursework and student portfolios of work. There are no final exams. Each accreditation covers a wide range of life skills, vocational skills and personal and social skills.

<b>Class</b>	<b>Course/Accreditation</b>
<b>Hove</b>	ASDAN Living Independently Short Course/ Arts Award / Edexcel Functional Maths and English
<b>Brighton</b>	ASDAN Towards Independence Progression
<b>Bournemouth</b>	ASDAN Towards Independence Progression
<b>Eastbourne</b>	ASDAN Towards Independence Introduction
<b>Ealing</b>	ASDAN Towards Independence Introduction
<b>Reading</b>	ASDAN Towards Independence Introduction
<b>Uxbridge</b>	ASDAN Towards Independence Introduction
<b>Basingstoke</b>	ASDAN Towards Independence Introduction

### Why do we do ASDAN?

ASDAN's SEND courses support the achievement of the four preparing for adulthood outcomes, outlined in the SEND Code of Practice for England. These are:

- Employment
- Independent living
- Friends, Relationships and Community
- Good Health

ASDAN programmes and qualifications are widely recognised by educators for providing an engaging curriculum that empowers students through personalised learning and choice. In addition, learners develop core skills in teamwork, communication, problem solving, research and self-management.

### How is student progress measured?

#### PHLO plans:

Each student is set targets at his/her Annual Review meeting. The targets are then transferred onto a PHLO plan and teachers will review the targets. The students also complete Literacy, Numeracy and Life Skills targets in their lessons.

### What learning takes place offsite?

A range of learning activities take place off site. This is to give students a wide range of experiences and to put learning into a real-life context. Students visit a range of venues in the local community; such as supermarkets, leisure facilities, libraries, bus station. There are also specially arranged visits and trips as part of Art Projects or Travel Training.



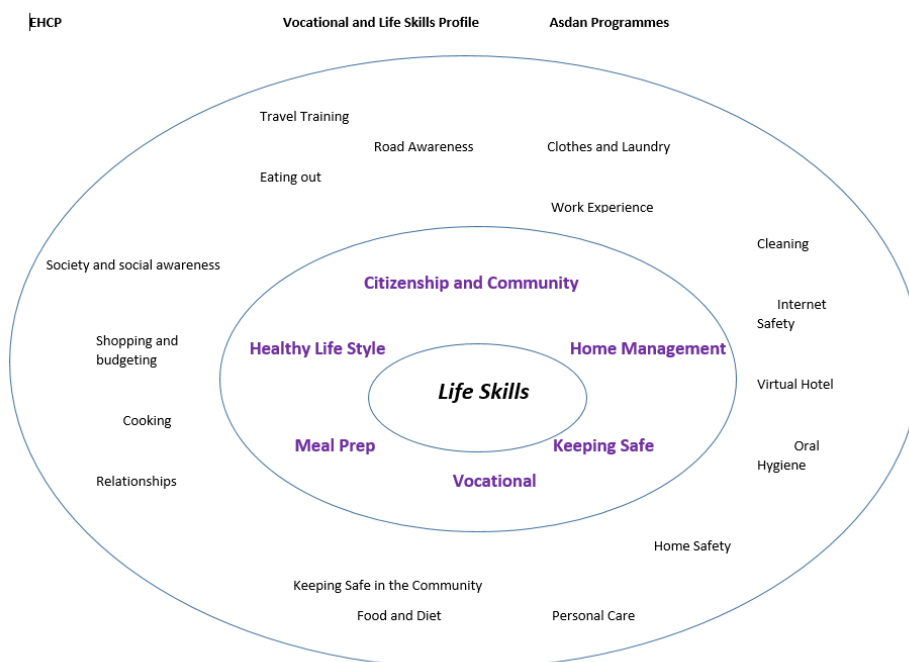
Local shop visit



Travel Training

### Life Skills Lessons

The Life Skills Curriculum is key to the Post 16 Department Programme. The lessons consist of **Citizenship and Community, Home Management, Meal Preparation, Healthy Living, Vocational studies and Keeping Safe**. Those skills are important to prepare for adult life so the students will spend a lot of time developing them and will be given time bound Life Skills targets to achieve all throughout their time in the Post 16 Department.



### Arbour Vale House

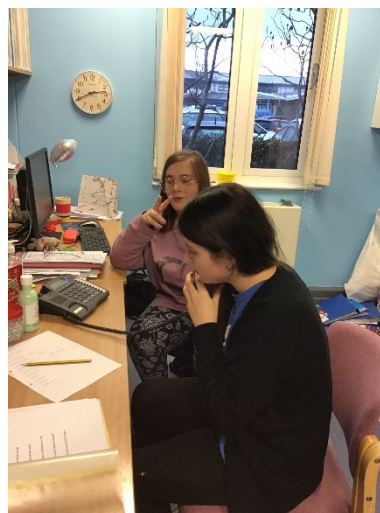
The Department uses the old School Residential Unit to practice tasks such as making a bed, cooking, cleaning and looking after a garden. This has allowed the students to apply the skills they have learned into a real setting.



Students working hard at Arbour Vale House



The House is also used as a virtual hotel where students can practice customer care and telephone skills through role play.



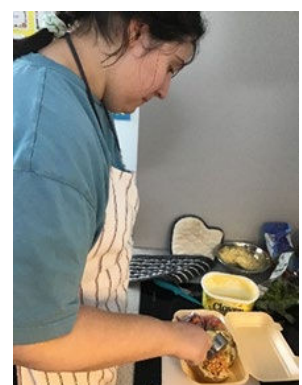
Students pretending to take customers complaints on the phone

### Café Vibe

There are a range of work experience opportunities available for students, depending on their ability.

- Café Vibe  
The Post 16 Department runs its own Café for Arbour Vale School Staff.

A student getting ready for service at Café Vibe



- Vocational Tasks around the school



A student doing the recycling around the school.



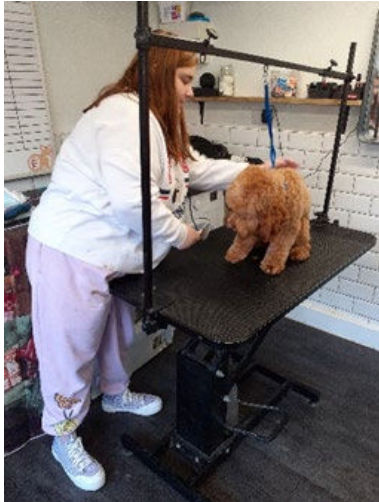
Students getting ready for cleaning.

- Laundry Service



The Post 16 students run a laundry service for staff. Staff from AVS are able to bring in towels and bedding to be washed and dried by the students.

- External Work Experience placements can be organised for some students if it is suitable for them.



One student worked at a dog grooming place.



One student worked in a garage.

### Post 16 Student's Voice

The student's Voice Group is made up the following:

- Two elected members from each class
- Members of the school council
- Associates (members who have not been voted in but want to take part in discussions. These members cannot vote on important matters).
- A clerk

The students Voice Group meet with the Post 16 Phase Lead every Friday and report various issues or bring up new ideas. They then report back to their classes in Departmental assemblies.



The Post 16 Students Voice Meeting

### **Transition**

The transition process is supported, moving from year 11 to Post 16 and moving on from Post 16 to an external placement. The majority of students move on to a local college after leaving Post 16.

### ***Project Search***

Some of the students have successfully attended an Internship with Project Search after leaving AVS.

### **Do students wear school uniform?**

Students in the Post 16 Department are able to wear their own clothes. There is no school uniform for Post 16 students.

### **Homework**

Students may be given a small amount of homework in some subjects. Students can also be given additional homework by arrangement with the class teacher.

Homework is not compulsory and is not enforced.

### **Mobile Phones**

Students are allowed to bring their mobile phone to school, but we ask them to keep them in their bag or pocket and not to use the phone during the school day.

### **How long do students stay in the Post 16 Department?**

The students starting their Post 16 placement in September 2023 will be able to stay for two years and leave at the end of Year 13.

### **Further Information**

If you have any questions or would like more information on any aspect of the Post 16 Department, please contact:

**Sidonie Garcia: Post 16 Phase Lead**

**Jane Cross: Post 16 Team Manager**