

# PARENT WORKSHOP

## Sensory Processing Difficulties

### Arbour Vale School

Tuesday 23<sup>rd</sup> January 9:30-11:00am

Hosted by Lyuba Kisel



#### What will we cover?

- What is Sensory Processing Difficulties (SDP)?
- Who may have Sensory Processing Difficulties?
  - A child without an ASD may have sensory processing integration difficulties.
- How SPD affects everyday life?
- Practical activities to improve SPD: touch, smell, hear, see, taste and exercises.
- Resources on how parents can be involved and help their child at home to maximise wellbeing and learning.

#### HOW TO ATTEND

Please complete the reply slip below or email [Manjula.Odedra@arbourvaleschool.org](mailto:Manjula.Odedra@arbourvaleschool.org) to confirm your attendance. Places need to be reserved.

We look forward to meeting with you!



I/we would like to attend the Sensory Processing workshop

Tuesday 23<sup>rd</sup> January 9:30-11:00 am at AVS

Child's name: .....

Class: .....

Parent's / Carer's name: .....

Number of attendees: .....

Contact email: .....